

# Career and College Readiness Lesson Plan Series Content Overview

<b>Grade 5</b>
<b><u>Learning About Myself</u></b> Students will fill out the “Career Interest Inventory (Pictorial Version)” and will be placed in six different groups based on Holland Code categories. Students will create a group poster that shows activities they enjoy doing that corresponds with their Holland Code category.
<b><u>Name That Job!</u></b> Students will participate in a group activity game to explore tasks and activities performed in a variety of occupations. Students will reflect on experience and express new knowledge orally and in writing.
<b><u>What's the Market for My Labor?</u></b> Students will learn about the existence of the labor market and that it is important to understand that certain jobs are in demand and others are not. Students will explore Labor Market Information on the federal CareerOneStop website.
<b><u>Studying for Careers</u></b> Students will learn effective study habits can translate into career skills which are critical for success in the workplace. For example, study habits such as time management, setting priorities, and taking responsibility are essential career skills.
<b><u>Who Am I?</u></b> Students will further develop awareness of their personal interest by completing the Let's Party activity and reviewing a Holland Code and occupations handout. They will be able to match their Holland Code interests to related occupations.
<b>Grade 6</b>
<b><u>Me and My Career</u></b> Students will be introduced to the California CareerZone website. Using the CareerZone Quick Assessment, students will explore job families and occupations that may be relevant to them.
<b><u>My Dream Career</u></b> Students will use the California CareerZone to research a potential occupation and deliver a multimedia presentation about the occupation they select. This lesson is designed to strengthen students' awareness of occupations they could pursue in the future.
<b><u>I Have “M.I.” Strengths!</u></b> Students will learn about Multiple Intelligences (MI) theory and explore the types of intelligence: Music, Visual, Language, Nature, Math, Physical, People and Self. Students will take an inventory to assess their MI strengths and identify an occupation that is a match to their MI strengths.
<b><u>Roadmap to Success</u></b> Students will develop a roadmap to plot their short- and long-term goals related to high school graduation and then use this roadmap as a personal plan of action to track their progress and celebrate their achievements.
<b><u>An Online Tool I Can Use</u></b> Students will be introduced to the California Career Center website as a tool they can use for high school, career, and college exploration and planning.

<b>Grade 7</b>
<p><u><a href="#">Evaluating Websites</a></u>                  Students will be introduced to information literacy and learn to analyze online content.</p>
<p><u><a href="#">Planning for Middle and High School</a></u>                  Students will use the California Career Center website to assist them with middle and high school planning by creating an account and developing an initial High School Plan.</p>
<p><u><a href="#">Workplace Skills</a></u>                  Students will be introduced to 21<sup>st</sup> Century Skills and Qualities they'll need to develop to be successful in the workplace.</p>
<p><u><a href="#">My Future Lifestyle</a></u>                  Students will use the California CareerZone Make Money Choices feature to explore the costs related to lifestyle choices and create a budget based on those choices. They will identify occupations with salaries that will support their budgets.</p>
<p><u><a href="#">Possible Careers</a></u>                  Students will use the CareerZone Interest Profiler to learn about themselves; students will also explore career options including Science, Technology, Engineering, and Math (STEM) occupations.</p>
<p><u><a href="#">The Next 6 Years</a></u>                  Students will research high school graduation requirements, college entrance requirements, postsecondary options, and create a high school graduation plan.</p>
<b>Grade 8</b>
<p><u><a href="#">Preparing for My Future</a></u>                  Students will identify both school- and community-based activities that will provide them with experiences related to their long-term career goals.</p>
<p><u><a href="#">Transitioning to High School</a></u>                  Students will explore middle to high school transition tips on the California Career Center and develop a Transition Action Plan.</p>
<p><u><a href="#">Exploring Military Career Options</a></u>                  Students will learn about the wide range of occupations available in the military and understand how to have a military career.</p>
<p><u><a href="#">How to Succeed in Life</a></u>                  Students will develop an understanding of six success traits and apply them to their own lives.</p>
<p><u><a href="#">Safe at Work</a></u>                  Students will be introduced to workplace safety and workers' rights.</p>
<p><u><a href="#">Where Am I Going?</a></u>                  Students will use the California CareerZone to compare three occupations and then research one occupation and make a presentation to the class.</p>

<b>Grade 9</b>
<p><u><a href="#">What Skills Do I Need?</a></u>                  Students will use California CareerZone occupational profiles to identify transferable and job-specific skills for each occupation they research. They will then take their research results, participate in a group activity, and give a class presentation.</p>
<p><u><a href="#">Gaining By Giving</a></u>                  Students will research community volunteer opportunities and learn they can develop career skills through volunteering.</p>
<p><u><a href="#">Plagiarism is Stealing!</a></u>                  Students will learn about the importance of properly citing information and the possible consequences of plagiarizing.</p>
<p><u><a href="#">Learning the Skills to Pay the Bills</a></u>                  Students learn about their local Career Technical Education (CTE) courses and career pathways to find programs that support their career goals.</p>
<p><u><a href="#">What's the Plan?</a></u>                  Students will compile relevant information necessary to create a High School Plan and save their information in their My Stuff student accounts on the California Career Center website.</p>
<p><u><a href="#">Matchmaking Interests &amp; Careers</a></u>                  Students will select and research occupations based on individual interests using the California CareerZone Interest Profiler.</p>
<b>Grade 10</b>
<p><u><a href="#">Choosing My Lifestyle</a></u>                  Students will use the California CareerZone Make Money Choices tool to create a budget based on a desired lifestyle and then find occupations that can support that lifestyle.</p>
<p><u><a href="#">What Matters to Me?</a></u>                  Students will use the California CareerZone Work Importance Profiler to become aware of their values as they relate to their work and personal motivations. Students will identify how their values impact their occupational choices.</p>
<p><u><a href="#">What's a Hot Job?</a></u>                  Students will use the federal CareerOneStop website to explore labor market information (LMI) factors and learn about the role LMI can play in choosing a career.</p>
<p><u><a href="#">I'm Ready to Work</a></u>                  Students will learn the key requirements of a standard job application and use the California Career Center's My Stuff Job Central to create a master job application.</p>
<p><u><a href="#">What Are My Options</a></u>                  Students will explore and compare several postsecondary options based on student-developed criteria. Options include apprenticeship, AmeriCorps, military service, and education.</p>

<b>Grade 11</b>
<p><u><a href="#">What Occupation Interests Me?</a></u>                  Students will use the California CareerZone to explore occupations related to their interests and create a multimedia presentation.</p>
<p><u><a href="#">My Best Resume</a></u>                  Students will learn how to develop an effective resume using the California Career Center My Stuff Job Central—Resume Builder.</p>
<p><u><a href="#">Hazards in the Workplace</a></u>                  Students will gain a basic understanding of workplace safety and ways to reduce workplace injuries.</p>
<p><u><a href="#">Due Dates, Deadlines &amp; Decisions</a></u>                  Students will learn how to successfully navigate the postsecondary education application and financial aid process.</p>
<p><u><a href="#">Ready, Set, Test!</a></u>                  Students will learn about three common examinations used for entrance into selected postsecondary opportunities (ACT, SAT, ASVAB). Students will learn and practice test-taking strategies which are designed to improve student performance.</p>
<p><u><a href="#">College: Plan Well and Pay Less</a></u>                  Students will research and analyze the cost of postsecondary education and analyze different ways of paying for it.</p>
<b>Grade 12</b>
<p><u><a href="#">Telling My Story</a></u>                  Students will develop a personal statement that can be used in the college admissions process or as the basis for application to other programs that require a personal statement.</p>
<p><u><a href="#">Writing Right</a></u>                  Students will learn how to write four common business letters. They will use the My Stuff Job Central app to create and save letters.</p>
<p><u><a href="#">Etiquette? What's That?</a></u>                  Students will learn about business etiquette and create a presentation to demonstrate that knowledge.</p>
<p><u><a href="#">Learn to Reach Out</a></u>                  Students will research professional associations through the lens of networking and social media and conduct an informational interview.</p>
<p><u><a href="#">In the Interview Hot Seat</a></u>                  Students will learn about commonly used interview questions and how to respond to them.</p>
<p><u><a href="#">What's Next?</a></u>                  Students will finish creating their California Career Center Career Action Plans describing what they plan to do after high school. They will incorporate into their plan content from their previously completed Career and College Readiness Lesson Plan activities.</p>